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Kyokushin kata - united states kyokushin karate, Kyokushin kata. . the word kata means "shape" or "form". the kanji for kata is composed of the following

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Nov 29, 2008 Lodewijk Wallijn (IBK Belgium - white pants) versus Timothy Versluys (IBK Belgium - black pants) in Kyokushin Budokai (= mix fight). Winner: Lodewijk by

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